

**Department of Public Health
Institute of Social & Cultural Studies
Faculty of Behavioral & Social Sciences
University of the Punjab, Lahore**

Course Outline

Programme	BS Workplace Health & Safety Promotion	Course Code	WHSP 410	Credit Hours	3
Course Title	Disability and Rehabilitation				

WHSP 410- DISABILITY AND REHABILITATION

Course Description

- This course provides a comprehensive overview of disability management, including its philosophy and principles and the role of disability management personnel
- This course outlines Pakistan's disability policies and related programs, as well as the development of vocational rehabilitation professions

Course Objectives

Upon completion of the course, students will be able to:

1. Explore the social, vocational, economic and family issues that impact people with disabilities, as well as the concepts of rehabilitation, vocational rehabilitation and disability management.
2. Understand foundational theories, historical practices, and current trends related to rehabilitation and disability management.

Course Content

1. Concepts and Definitions

- Current concepts in disability
- Rehabilitation
- Nature of disability
- Impact of disability
- Disability management

2. Models of disability

3. Philosophy of rehabilitation

4. Disability policies and practices in Pakistan

- Values, principles and practices of vocational rehabilitation and disability management

5. Development of disability management and its components

- Roles of disability management personnel and the skills required
- Current trends in disability management
- Issues of disclosing disabilities to employers

6. Tools and strategies related to vocational rehabilitation and disability

Teaching-Learning Strategies

Teaching will be a combination of class lectures, class discussions, and group work. Short videos/films will be shown on occasion.

Assignments

The sessional work will be a combination of written assignments, class quizzes, presentation, and class participation/attendance.

Assessments and Examination

Sessional Work: 25 marks

Midterm Exam: 35 marks

Final Exam: 40 marks

Recommended Readings

1. Escorpizo, R., Brage, S., Homa, D., & Stucki, G. (2016). *Handbook of vocational rehabilitation and disability evaluation*. Springer International Pu.
2. Loisel, P., & Anema, J. R. (2013). *Handbook of work disability. Prevention and management.*: Springer.
3. Bültmann, U., & Brouwer, S. (2013). Individual-level psychosocial factors and work disability prevention. In *Handbook of work disability* (pp. 149-162). Springer, New York, NY.
4. Ståhl, C., Costa-Black, K., & Loisel, P. (2018). Applying theories to better understand socio-political challenges in implementing evidence-based work disability prevention strategies. *Disability and rehabilitation*, 40(8), 952-959.